



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Wohlleben, Max

Club: SCM Zella-Mehlis

Number: 2141

Course: 10.10 km

Geländelauf

Category:

männliche Jugend A

Total time: 33:46

Speed: 17.77 km/h

Running performance: 3:20 min/km

Rank in course/Total: 3 (of 178)

Rank in course/Men: 3 (of 139)

Best time in course: 33:00

Rank in category: 1(of 5)

Best time in the category: 33:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Adolfsburg	7.20	24:58	3:28	1	-	3	0:35	7.20	24:58	3:28	1	-	3	0:32				
Finish	3.00	8:48	2:56	1	-	2	0:14	10.10	33:46	3:20	1	-	3	0:46				