



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Marschall, Philipp**

Club: Rhöner WSV

Number: 2117

Course: 10.10 km

Geländelauf

Category:

Männer M20

Total time: 33:56

Speed: 17.68 km/h

Running performance: 3:22 min/km

Rank in course/Total: 4 (of 178)

Rank in course/Men: 4 (of 139)

Best time in course: 33:00

Rank in category: 3(of 19)

Best time in the category: 33:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	25:00	3:28	3	0:37	4	0:37	7.20	25:00	3:28	17		4	0:34
Finish	3.00	8:56	2:58	3	0:22	5	0:22	10.10	33:56	3:21	3	0:56	4	0:56