



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Kellner, Tobias

Club: Faulungen

Number: 2014

Course: 10.10 km

Geländelauf

Category:

männliche Jugend A

Total time: 39:51

Speed: 15.06 km/h

Running performance: 3:57 min/km

Rank in course/Total: 16 (of 178)

Rank in course/Men: 16 (of 139)

Best time in course: 33:00

Rank in category: 4(of 5)

Best time in the category: 33:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.20	29:22	4:04	4	4:24	12	4:59	7.20	29:22	4:04	4	4:24	15	4:56
Finish	3.00	10:29	3:29	4	1:41	19	1:55	10.10	39:51	3:56	4	6:05	16	6:51