



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Löppen, Reinhard**

Club: SV Emsetal

Number: 2030

Course: 10.10 km

Geländelauf

Category:

Männer M45

Total time: 39:55

Speed: 15.03 km/h

Running performance: 3:57 min/km

Rank in course/Total: 17 (of 178)

Rank in course/Men: 17 (of 139)

Best time in course: 33:00

Rank in category: 3(of 25)

Best time in the category: 39:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	29:53	4:09	3	0:26	17	5:30	7.20	29:53	4:09	24		16	5:27
Finish	3.00	10:02	3:20	2	0:13	13	1:28	10.10	39:55	3:57	3	0:29	17	6:55