



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Löber, Heiko

Club: Eisenacher LV

Number: 2057

Course: 10.10 km

Geländelauf

Category:

Männer M35

Total time: 41:40

Speed: 14.40 km/h

Running performance: 4:08 min/km

Rank in course/Total: 23 (of 178)

Rank in course/Men: 23 (of 139)

Best time in course: 33:00

Rank in category: 4(of 14)

Best time in the category: 39:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Adolfsburg	7.20	fehlt!	-	-	-	-	-	7.20	-	-	-	-	-	-	-
Finish	3.00	41:40	13:53	13	31:41	137	33:06	10.10	41:40	4:07	4	2:27	23	8:40	