



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Schuchardt, Gerhard**

Club: SV Normania Treffurt

Number: 2111

Course: 10.10 km

Geländelauf

Category:

Männer M35

Total time: 43:30

Speed: 13.79 km/h

Running performance: 4:19 min/km

Rank in course/Total: 39 (of 178)

Rank in course/Men: 38 (of 139)

Best time in course: 33:00

Rank in category: 6(of 14)

Best time in the category: 39:13

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.20	32:19	4:29	5	3:33	36	7:56	7.20	32:19	4:29	5	3:33	36	7:53
Finish	3.00	11:11	3:43	5	1:12	34	2:37	10.10	43:30	4:18	6	4:17	38	10:30