



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Dünkel, Mareike**

Club: Rudolstädter Tunnelteam

Number: 2149

Course: 10.10 km

Geländelauf

Category:

Frauen W50

Total time: 48:40

Speed: 12.33 km/h

Running performance: 4:49 min/km

Rank in course/Total: 79 (of 178)

Rank in course/Women: 6 (of 39)

Best time in course: 41:58

Rank in category: 1(of 2)

Best time in the category: 48:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.20	36:43	5:05	1	-	6	5:50	7.20	36:43	5:05	1	-	25	
Finish	3.00	11:57	3:58	1	-	4	0:52	10.10	48:40	4:49	1	-	6	6:42