



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Büchner, Dieter

Club: Gotha

Number: 2020

Course: 10.10 km

Geländelauf

Category:

Männer M50

Total time: 48:43

Speed: 12.32 km/h

Running performance: 4:49 min/km

Rank in course/Total: 80 (of 178)

Rank in course/Men: 74 (of 139)

Best time in course: 33:00

Rank in category: 8(of 11)

Best time in the category: 41:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.20	36:21	5:02	7	6:22	69	11:58	7.20	36:21	5:02	8	6:22	71	11:55
Finish	3.00	12:22	4:07	8	1:27	68	3:48	10.10	48:43	4:49	8	7:29	74	15:43