



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Gerling, Cornelia**

Club: Waltershausen

Number: 2195

Course: 10.10 km

Geländelauf

Category:

Frauen W40

Total time: 49:11

Speed: 12.20 km/h

Running performance: 4:52 min/km

Rank in course/Total: 85 (of 178)

Rank in course/Women: 7 (of 39)

Best time in course: 41:58

Rank in category: 2(of 8)

Best time in the category: 41:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.20	37:01	5:08	2	6:08	7	6:08	7.20	37:01	5:08	2	6:08	26	
Finish	3.00	12:10	4:03	2	1:05	5	1:05	10.10	49:11	4:52	2	7:13	7	7:13