



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Wahl, Immo**

Club: Sportfreund thüringer wald

Number: 2186

Course: 10.10 km

Geländelauf

Category:

Männer M20

Total time: 50:02

Speed: 11.99 km/h

Running performance: 4:57 min/km

Rank in course/Total: 92 (of 178)

Rank in course/Men: 84 (of 139)

Best time in course: 33:00

Rank in category: 13(of 19)

Best time in the category: 33:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	37:23	5:11	12	13:00	82	13:00	7.20	37:23	5:11	7	0:26	80	12:57
Finish	3.00	12:39	4:13	11	4:05	79	4:05	10.10	50:02	4:57	13	17:02	84	17:02