



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Reinhardt, David

Club: Eisenach

Number: 2176

Course: 10.10 km

Geländelauf

Category:

Männer M20

Total time: 50:14

Speed: 11.94 km/h

Running performance: 4:58 min/km

Rank in course/Total: 94 (of 178)

Rank in course/Men: 86 (of 139)

Best time in course: 33:00

Rank in category: 14(of 19)

Best time in the category: 33:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.20	37:23	5:11	12	13:00	82	13:00	7.20	37:23	5:11	7	0:26	80	12:57
Finish	3.00	12:51	4:16	13	4:17	89	4:17	10.10	50:14	4:58	14	17:14	86	17:14