



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Lukacsek, Axel

Club: Eisenacher LV

Number: 2178

Course: 10.10 km

Geländelauf

Category:

Männer M35

Total time: 50:28

Speed: 11.89 km/h

Running performance: 5:00 min/km

Rank in course/Total: 98 (of 178)

Rank in course/Men: 89 (of 139)

Best time in course: 33:00

Rank in category: 10(of 14)

Best time in the category: 39:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Adolfsburg	7.20	37:46	5:14	9	9:00	86	13:23	7.20	37:46	5:14	8	9:00	85	13:20				
Finish	3.00	12:42	4:14	8	2:43	82	4:08	10.10	50:28	4:59	10	11:15	89	17:28				