



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Busse, Thomas**

Club: Bernterode

Number: 2045

Course: 10.10 km

Geländelauf

Category:

Männer M40

Total time: 50:31

Speed: 11.88 km/h

Running performance: 5:00 min/km

Rank in course/Total: 99 (of 178)

Rank in course/Men: 90 (of 139)

Best time in course: 33:00

Rank in category: 17(of 23)

Best time in the category: 37:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Adolfsburg	7.20	37:44	5:14	16	10:09	84	13:21	7.20	37:44	5:14	8	2:48	83	13:18				
Finish	3.00	12:47	4:15	16	2:51	86	4:13	10.10	50:31	5:00	17	13:00	90	17:31				