



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Reichardt, Andreas

Club: Treffurt
Number: 2189

Course: 10.10 km
Geländelauf

Category:
Männer M40

Total time: 57:12

Speed: 10.49 km/h
Running performance: 5:40 min/km

Rank in course/Total: 145 (of 178)

Rank in course/Men: 123 (of 139)

Best time in course: 33:00

Rank in category: 22(of 23)

Best time in the category: 37:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	42:48	5:56	22	15:13	118	18:25	7.20	42:48	5:56	3	7:52	119	18:22
Finish	3.00	14:24	4:47	21	4:28	118	5:50	10.10	57:12	5:39	22	19:41	122	24:12