



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Poller, Evelyn**

Club: Laufftreff Breitungten

Number: 2180

Course: 10.10 km

Geländelauf

Category:

Frauen W40

Total time: 58:39

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 152 (of 178)

Rank in course/Women: 26 (of 39)

Best time in course: 41:58

Rank in category: 6(of 8)

Best time in the category: 41:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Adolfsburg	7.20	43:26	6:01	5	12:33	23	12:33	7.20	43:26	6:01	6	12:33	6		
Finish	3.00	15:13	5:04	6	4:08	29	4:08	10.10	58:39	5:48	6	16:41	26	16:41	