



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Bischoff, Maria

Club: VfL 28 Ellrich

Number: 2184

Course: 10.10 km

Geländelauf

Category:

weibliche Jugend B

Total time: 1:01:07

Speed: 9.82 km/h

Running performance: 6:03 min/km

Rank in course/Total: 159 (of 178)

Rank in course/Women: 28 (of 39)

Best time in course: 41:58

Rank in category: 1(of 2)

Best time in the category: 1:01:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.20	46:41	6:29	1	-	29	15:48	7.20	46:41	6:29	1	-	10	0:29
Finish	3.00	14:26	4:48	1	-	24	3:21	10.10	1:01:07	6:03	1	-	28	19:09