



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

**Rathgeber, Ronny**

Club: Schnellmannshausen

Number: 2000

Course: 10.10 km

Geländelauf

Category:

Männer M35

Total time: 1:01:13

Speed: 9.80 km/h

Running performance: 6:04 min/km

Rank in course/Total: 162 (of 178)

Rank in course/Men: 133 (of 139)

Best time in course: 33:00

Rank in category: 14(of 14)

Best time in the category: 39:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Adolfsburg	7.20	46:15	6:25	12	17:29	129	21:52	7.20	46:15	6:25	12	17:29	129	21:49
Finish	3.00	14:58	4:59	12	4:59	125	6:24	10.10	1:01:13	6:03	14	22:00	133	28:13