



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Ferg, Peter

Club: Laufftreff Breitunggen

Number: 2085

Course: 10.10 km

Geländelauf

Category:

Männer M65

Total time: 1:02:53

Speed: 9.54 km/h

Running performance: 6:14 min/km

Rank in course/Total: 167 (of 178)

Rank in course/Men: 135 (of 139)

Best time in course: 33:00

Rank in category: 7(of 8)

Best time in the category: 46:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	46:40	6:28	7	11:28	131	22:17	7.20	46:40	6:28	7	11:28	131	22:14
Finish	3.00	16:13	5:24	7	4:41	130	7:39	10.10	1:02:53	6:13	7	16:09	135	29:53