



6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

Detailed evaluation

Kreyer, Gunter

Club: VS

Number: 2039

Course: 10.10 km

Geländelauf

Category:

Männer M60

Total time: 1:05:34

Speed: 9.15 km/h

Running performance: 6:29 min/km

Rank in course/Total: 171 (of 178)

Rank in course/Men: 137 (of 139)

Best time in course: 33:00

Rank in category: 7(of 7)

Best time in the category: 47:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.20	47:43	6:37	7	11:54	132	23:20	7.20	47:43	6:37	7	11:54	133	23:17
Finish	3.00	17:51	5:57	7	6:08	134	9:17	10.10	1:05:34	6:29	7	18:02	137	32:34