



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Wilhelm, André

Club: SC St.-Hallenberg
Number: 1814

Course: 5.50 km
Geländelauf

Category:
Männer M20

Total time: 19:47

Speed: 15.16 km/h
Running performance: 3:36 min/km

Rank in course/Total: 2 (of 78)

Rank in course/Men: 2 (of 45)

Best time in course: 19:33

Rank in category: 2(of 9)

Best time in the category: 19:33