



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

König, Lisa

Club: SC St.-Hallenberg
Number: 1842

Course: 5.50 km
Geländelauf

Category:
weibliche Jugend B

Total time: 26:26

Speed: 11.35 km/h
Running performance: 4:49 min/km

Rank in course/Total: 16 (of 78)
Rank in course/Women: 5 (of 33)
Best time in course: 23:33

Rank in category: 1(of 1)
Best time in the category: 26:26