



## 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

### Detailed evaluation

**Worch, Alexandra**

Club: SV Kreaton Großengottern

Number: 1886

Course: 5.50 km

Geländelauf

Category:

weibliche Schüler B

Total time: 28:43

Speed: 10.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 25 (of 78)

Rank in course/Women: 8 (of 33)

Best time in course: 23:33

Rank in category: 3(of 8)

Best time in the category: 25:41