



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Czech, Horst

Club: SV Normania Treffurt
Number: 1863

Course: 5.50 km
Geländelauf

Category:
Männer M70

Total time: 29:01

Speed: 10.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 26 (of 78)

Rank in course/Men: 18 (of 45)

Best time in course: 19:33

Rank in category: 1(of 1)

Best time in the category: 29:01