



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Becker, Susen

Club: SG Schnellmannshausen
Number: 1878

Course: 5.50 km
Geländelauf

Category:
Frauen W30

Total time: 29:17

Speed: 10.24 km/h
Running performance: 5:19 min/km

Rank in course/Total: 28 (of 78)
Rank in course/Women: 10 (of 33)
Best time in course: 23:33

Rank in category: 1(of 3)
Best time in the category: 29:17