



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Essiger, Erik

Club: RS Treffurt
Number: 1827

Course: 5.50 km
Geländelauf

Category:
männliche Schüler B

Total time: 30:47

Speed: 9.75 km/h
Running performance: 5:36 min/km

Rank in course/Total: 36 (of 78)

Rank in course/Men: 22 (of 45)

Best time in course: 19:33

Rank in category: 6(of 15)

Best time in the category: 23:28