



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Deisenroth, Melanie

Club: Treffurt
Number: 1839

Course: 5.50 km
Geländelauf

Category:
Frauen W30

Total time: 32:20

Speed: 9.28 km/h
Running performance: 5:53 min/km

Rank in course/Total: 43 (of 78)
Rank in course/Women: 15 (of 33)
Best time in course: 23:33

Rank in category: 2(of 3)
Best time in the category: 29:17