



6. Trefffurter Stadtlauf  
Treffurt / 12.09.2009

Detailed evaluation

Rosenbusch, Bernd

Club: Normania Treffurt  
Number: 1875

Course: 5.50 km  
Geländelauf

Category:  
Männer M55

Total time: 33:54

Speed: 8.85 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 49 (of 78)

Rank in course/Men: 31 (of 45)

Best time in course: 19:33

Rank in category: 3(of 3)

Best time in the category: 25:16