



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Rauschberg, Lisa

Club: SV Normania Treffurt
Number: 1887

Course: 5.50 km
Geländelauf

Category:
weibliche Schüler C

Total time: 34:00

Speed: 8.82 km/h
Running performance: 6:11 min/km

Rank in course/Total: 50 (of 78)
Rank in course/Women: 19 (of 33)
Best time in course: 23:33

Rank in category: 4(of 4)
Best time in the category: 24:09