



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Quack, Alexander

Club: RS Treffurt
Number: 1831

Course: 5.50 km
Geländelauf

Category:
männliche Schüler B

Total time: 36:32

Speed: 8.21 km/h
Running performance: 6:38 min/km

Rank in course/Total: 62 (of 78)

Rank in course/Men: 40 (of 45)

Best time in course: 19:33

Rank in category: 14(of 15)

Best time in the category: 23:28