



# 6. Trefffurter Stadtlauf

Treffurt / 12.09.2009

## Detailed evaluation

### Bischoff, Monika

Club: VfL 28 Ellrich

Number: 2147

Course: 10.10 km

Geländelauf

Category:

Frauen W40

Total time: 1:29:51

Speed: 6.68 km/h

Running performance: 8:54 min/km

Rank in course/Total: 178 (of 178)

Rank in course/Women: 39 (of 39)

Best time in course: 41:58

Rank in category: 8(of 8)

Best time in the category: 41:58

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.20	1:05:14	9:03	8	34:21	38	34:21	7.20	1:05:14	9:03	8	34:21	38	19:02
Finish	3.00	24:37	8:12	8	13:32	38	13:32	10.10	1:29:51	8:53	8	47:53	39	47:53