



6. Trefffurter Stadtlauf  
Treffurt / 12.09.2009

Detailed evaluation

Temmler, Dieter

Club: SV Normania Treffurt  
Number: 1855

Course: 5.50 km  
Geländelauf

Category:  
Männer M40

Total time: 43:12

Speed: 6.94 km/h  
Running performance: 7:51 min/km

Rank in course/Total: 70 (of 78)

Rank in course/Men: 43 (of 45)

Best time in course: 19:33

Rank in category: 2(of 2)

Best time in the category: 21:28