



6. Trefffurter Stadtlauf
Treffurt / 12.09.2009

Detailed evaluation

Zscharnt, Ina

Club: DAV Inselsberg
Number: 1885

Course: 5.50 km
Geländelauf

Category:
Frauen W40

Total time: 43:18

Speed: 6.93 km/h
Running performance: 7:52 min/km

Rank in course/Total: 71 (of 78)
Rank in course/Women: 28 (of 33)
Best time in course: 23:33

Rank in category: 2(of 2)
Best time in the category: 30:05