



6. Trefffurter Stadtlauf  
Treffurt / 12.09.2009

Detailed evaluation

Rühling, Christoph

Club: GS Treffurt - 3a  
Number: 1299

Course: 1.70 km  
Schnupperkurs

Category:  
männliche Schüler D

Total time: 11:23

Speed: 5.27 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 77 (of 124)

Rank in course/Men: 41 (of 65)

Best time in course: 7:19

Rank in category: 26(of 48)

Best time in the category: 7:25