



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Rose, Tina

Club: Lg Weingarten

Number: 90

Course: 5.00 km

5 km Lauf

Category:

Frauen W20

Total time: 32:25

Speed: 9.25 km/h

Running performance: 6:29 min/km

Rank in course/Total: 10 (of 32)

Rank in course/Women: 4 (of 17)

Best time in course: 27:08

Rank in category: 2(of 6)

Best time in the category: 31:33