



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Kiesewetter, Carola

Club: LAC Rudolstadt

Number: 94

Course: 15.00 km

15 km-Lauf

Category:

Frauen W30

Total time: 1:49:33

Speed: 8.22 km/h

Running performance: 7:18 min/km

Rank in course/Total: 71 (of 76)

Rank in course/Women: 10 (of 11)

Best time in course: 1:21:57

Rank in category: 1(of 1)

Best time in the category: 1:49:33