



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 97

Course: 15.00 km

15 km-Lauf

Category:

Männer M50

Total time: 1:55:20

Speed: 7.80 km/h

Running performance: 7:41 min/km

Rank in course/Total: 75 (of 76)

Rank in course/Men: 64 (of 65)

Best time in course: 1:03:24

Rank in category: 11(of 11)

Best time in the category: 1:11:59