



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

Hövel, Kristin

Club: SV Motor TD

Number: 30

Course: 5.00 km

5 km Lauf

Category:

Frauen W35

Total time: 35:30

Speed: 8.45 km/h

Running performance: 7:06 min/km

Rank in course/Total: 20 (of 32)

Rank in course/Women: 11 (of 17)

Best time in course: 27:08

Rank in category: 2(of 3)

Best time in the category: 32:43