



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Hövel, Heiko

Club: SV Motor TD

Number: 31

Course: 5.00 km

5 km Lauf

Category:

Männer M40

Total time: 37:27

Speed: 8.01 km/h

Running performance: 7:29 min/km

Rank in course/Total: 22 (of 32)

Rank in course/Men: 10 (of 15)

Best time in course: 26:39

Rank in category: 3(of 4)

Best time in the category: 26:39