



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Poetsch, Birgit

Club: SV Motor Tambach-Dietharz e.V.

Number: 158

Course: 5.00 km

5 km Lauf

Category:

Frauen W65

Total time: 40:32

Speed: 7.40 km/h

Running performance: 8:07 min/km

Rank in course/Total: 24 (of 32)

Rank in course/Women: 13 (of 17)

Best time in course: 27:08

Rank in category: 1(of 1)

Best time in the category: 40:32