



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

**Romming, Lissy**

Club: Fitnessoase Ohrdruf

Number: 156

Course: 5.00 km

5 km Lauf

Category:

weibliche Schüler A

Total time: 43:50

Speed: 6.84 km/h

Running performance: 8:46 min/km

Rank in course/Total: 26 (of 32)

Rank in course/Women: 14 (of 17)

Best time in course: 27:08

Rank in category: 3(of 3)

Best time in the category: 27:08