



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

**Ludwig, Sara**

Club: DATEV Erfurt

Number: 40

Course: 5.00 km

5 km Lauf

Category:

Frauen W20

Total time: 50:09

Speed: 5.98 km/h

Running performance: 10:02 min/km

Rank in course/Total: 31 (of 32)

Rank in course/Women: 17 (of 17)

Best time in course: 27:08

Rank in category: 6(of 6)

Best time in the category: 31:33