



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

Hollander, Sven

Club: ZSG Waltershausen

Number: 28

Course: 15.00 km

15 km-Lauf

Category:

Männer M40

Total time: 1:06:59

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 3 (of 76)

Rank in course/Men: 3 (of 65)

Best time in course: 1:03:24

Rank in category: 1(of 10)

Best time in the category: 1:06:59