



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Mahrt, Jörg

Club: Stedtfelder Rennsteigfreunde

Number: 89

Course: 15.00 km

15 km-Lauf

Category:

Männer M40

Total time: 1:08:20

Speed: 13.17 km/h

Running performance: 4:34 min/km

Rank in course/Total: 4 (of 76)

Rank in course/Men: 4 (of 65)

Best time in course: 1:03:24

Rank in category: 2(of 10)

Best time in the category: 1:06:59