



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Völker, Tino

Club: Dietzhausen

Number: 79

Course: 15.00 km

15 km-Lauf

Category:

Männer M40

Total time: 1:17:14

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 19 (of 76)

Rank in course/Men: 19 (of 65)

Best time in course: 1:03:24

Rank in category: 5(of 10)

Best time in the category: 1:06:59