



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Metz, Stefan

Club: Tambach-Dietharz

Number: 47

Course: 15.00 km

15 km-Lauf

Category:

Männer M35

Total time: 1:17:22

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 20 (of 76)

Rank in course/Men: 20 (of 65)

Best time in course: 1:03:24

Rank in category: 2(of 5)

Best time in the category: 1:12:05