



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

**Anschütz, Mario**

Club: ZSG-GW-Waltershausen

Number: 161

Course: 15.00 km

15 km-Lauf

Category:

Männer M30

Total time: 1:18:56

Speed: 11.40 km/h

Running performance: 5:16 min/km

Rank in course/Total: 22 (of 76)

Rank in course/Men: 22 (of 65)

Best time in course: 1:03:24

Rank in category: 4(of 5)

Best time in the category: 1:03:24