



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Kiesewetter, Matthias

Club: LAC Rudolstadt

Number: 86

Course: 15.00 km

15 km-Lauf

Category:

Männer M35

Total time: 1:24:15

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 34 (of 76)

Rank in course/Men: 33 (of 65)

Best time in course: 1:03:24

Rank in category: 3(of 5)

Best time in the category: 1:12:05