



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

Herrmann, André

Club: SV Motor Tambach-Dietharz e.V.

Number: 137

Course: 15.00 km

15 km-Lauf

Category:

Männer M40

Total time: 1:25:39

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 37 (of 76)

Rank in course/Men: 36 (of 65)

Best time in course: 1:03:24

Rank in category: 8(of 10)

Best time in the category: 1:06:59