



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Romming, Nicole

Club: Fitnessoase Ohrdruf

Number: 106

Course: 15.00 km

15 km-Lauf

Category:

Frauen W35

Total time: 1:26:25

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 40 (of 76)

Rank in course/Women: 2 (of 11)

Best time in course: 1:21:57

Rank in category: 1(of 1)

Best time in the category: 1:26:25