



## 2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

### Detailed evaluation

**Haferanke, Manfred**

Club: Lauffreunde Gotha

Number: 115

Course: 15.00 km

15 km-Lauf

Category:

Männer M55

Total time: 1:26:54

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 42 (of 76)

Rank in course/Men: 40 (of 65)

Best time in course: 1:03:24

Rank in category: 2(of 3)

Best time in the category: 1:26:21